



## Empowering Dreams Initiative (EDI) Program Description

### **Limited Slots Available**

**\*\*Students must have Wi-Fi or Internet and a portable device (cell phone, laptop, or tablet)**

Empowering Dream Initiative (EDI) is a virtual program for vulnerable and homeless young women of Color students aged 14-19 in the Atlanta metro area. Students are taught skills to complete a Self-Awareness Inventory and do an assessment of their readiness to graduate; students also learn how Personal Development, use of resources, and Personal Storytelling facilitate high school graduation and dream fulfillment.

#### **Students will:**

- Explore self-awareness (skills to monitor their stress, thoughts, and emotions) and learn how personal development (engaging in activities to improve yourself) can help them remain focus to complete high school or a GED.
- Learn how to locate and use resources/help to meet their basic needs and track their HS performance so they are able to focus on graduating high school and achieving their dreams.
- Use MBP's E-Workbook & Journal "Weaponizing Your Story," to do self-discovery to tell their story, create an action plan for their dreams, a vision board of their dreams, write their personal story about their dreams, and do daily journaling to reflect on their steps toward dream fulfillment.

**Duration:** Six-weeks (does not include the Orientation)

**Offered:** Fall and Spring after school during the academic year

**Day & Time:** Determined by the accepted students' availability

*\*\*If the student does not have their own cellphone, or tablet their parent or guardian can apply to ACP to see if they qualify to receive a free 4G Android phone or tablet with Wi-Fi. The students can apply if they are eighteen (18) or older. To apply Email Melissa Hyatt at [maxsiptelecomatl@gmail.com](mailto:maxsiptelecomatl@gmail.com) or call her at (917) 891-3285. Tell her that you learn about the ACP program from MBP.*

**For more information:** Email MBP [mendingfordreamfulfillment@pm.me](mailto:mendingfordreamfulfillment@pm.me) or call/text (404) 482-0457.